

ROAR

WEEKLY SCHEDULE

	Monday	Tuesday	Wednesday	Thursday	Friday		Saturday	Sunday
5:00 am	ROAR	ROAR	ROAR	ROAR	ROAR	7:00 am	ROAR	
6:15 am	ROAR	ROAR	ROAR	ROAR	ROAR	8:15 am	ROAR	
8:30 am	ROAR	ROAR	ROAR	ROAR	ROAR	9:30 am	ROAR	
9:30 am		ROAR		ROAR		10:30 am	ROAR STRENGTH	ROAR
12:00 pm	ROAR		ROAR		ROAR	11:00 am		
4:15 pm		ROAR		ROAR		1:30 pm		
4:30 pm	ROAR		ROAR		ROAR	2:30 pm		
5:30 pm		ROAR		ROAR		3:30 pm		
5:45 pm	ROAR		ROAR					



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